

PRIMARY WISDOM

**Powerful Passages for
High Adventurers**



Allen W. Stacker
Author of
Your Three Primary
Points-of-Power to Freedom

Succinct Veracious Powerful



Powerful passages on...

truth	God	joy
change	failure	boredom
struggle	love	fear
the past	relationships	problems
dying	creativity	sexuality
soulmates	imagination	freedom
safety	accidents	miracles...

... the very heart of the human adventure.



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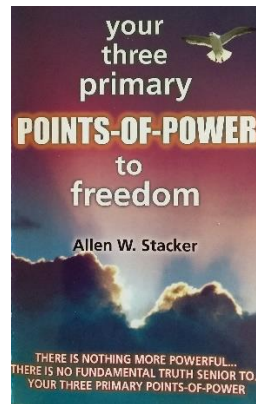
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Books by Allen Stacker:

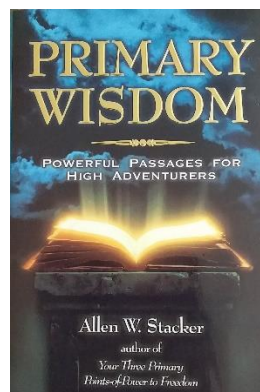
Your Three Primary Points-of-Power to Freedom

Who you truly are and creating what you truly want.



Primary Wisdom

Powerful passages for high adventurers.



The Little Bay of Here and Now

The Alchemy of Love. A Story. (Very nearly a true story).



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Dedication

To you, who unknowingly knows.

Introduction

Primary Wisdom is an arrangement of words (or symbols); but the words are not the actual information and knowledge. The words only convey or transmit the information. Therefore, the wisdom is not *in* the words; it is in your understanding, insight and experience.

However, as the author, I can only give you the words. Do not put these words, or the words of *any* teacher – author, guru, minister or master, above the feelings of your own being. Not ever.

Always steadfast before you is the *greatest* teacher of all – you (your life and the experience of it). A greater teacher has never existed or shall ever exist.

You may encounter “resistance” to some of the teachings in this book, and indeed some may sting a little. So be it. This *is* how reality works. This is how your life works. This is you. This is the walk of the master.

God bless you

Allen

(*Primary Wisdom* includes excerpts from *Your Three Primary Points-of-Power to Freedom*).



What is the truth?

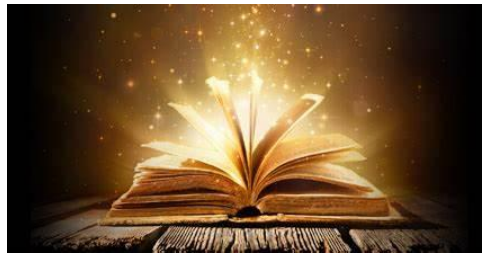
You create your own reality.

That is the truth.

But if you don't believe that's the truth,

then it isn't.

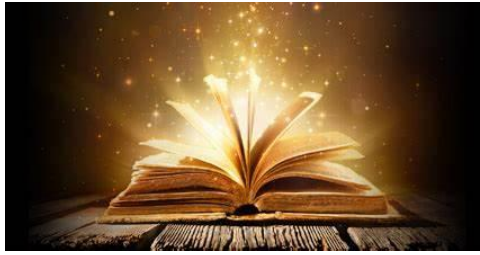
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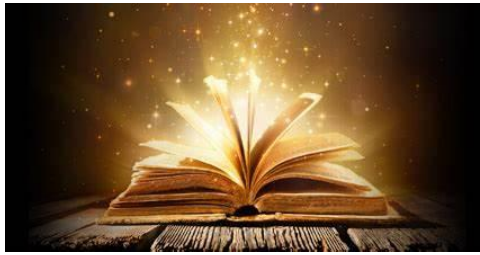
Do not seek outside yourself
for wisdom, peace, power, freedom,
health, prosperity, happiness and truth.
There is no cause outside yourself.
You are the source – always.

You create it all.

In every moment
your authority
is absolute.



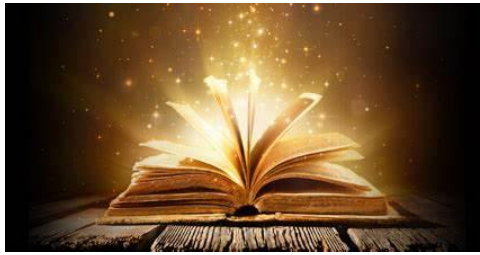
The events around you that appear
not to be in your control
are actually very much in your control.
Remember, your reality is your creation.



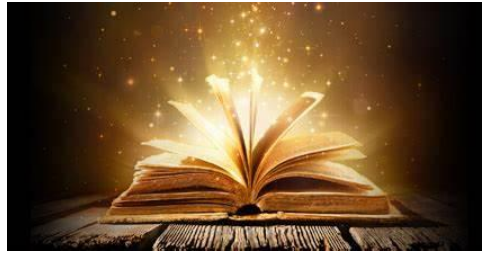
Life – the greatest game of all,
is the only game you play
where there are no opponents.

Indeed, the whole universe
is on your side.

You cannot lose.



You are learning in every moment.
And there is absolutely nothing wrong
with the self that is learning.



Welcome change.

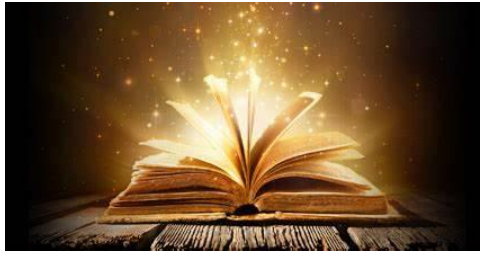
Don't fear or resist it,
for growth and change
are the only constants.
You (and the universe)
are in constant transition.

Change, though at times
unsettling, unnerving and distressing,
is a blessed thing.

Resisting change is self-punishment.

Beneficial life changes
are often preceded by
“everything falling apart”.

This is simply the dispersion of energy (glue)
that held “the old” together.
Don't resist. Don't despair.
Exciting adventures await.
Allow.



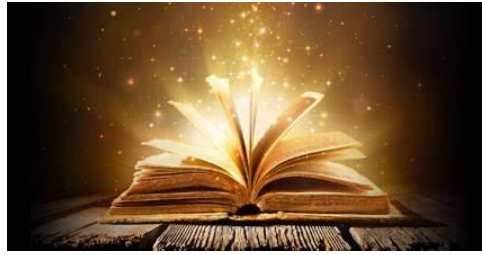
Storms always pass,
the dawn always comes,
and never a door closes
that another doesn't open.

Totally hopeless situations
are the preludes to miracles.

In nothing be anxious – ever.



You cannot fail.
There is no such thing.



Suffering does not mean personal growth.

Suffering means pain.

Be aware that every
time you tell someone
that you are suffering,
your biology hears it too.



How would you prefer to travel?

How would you truly like
to experience the journey?

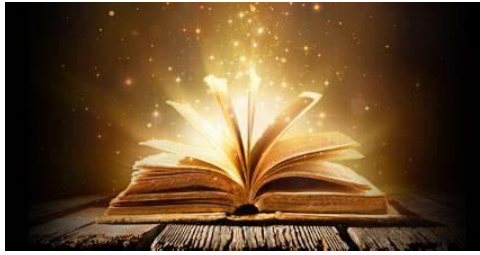
To cringe and crawl it?

To laugh and dance it?

To weep and suffer it?

To love and enjoy it?

Whatever way you choose,
You *cannot* miss your destination.
That is quite impossible.

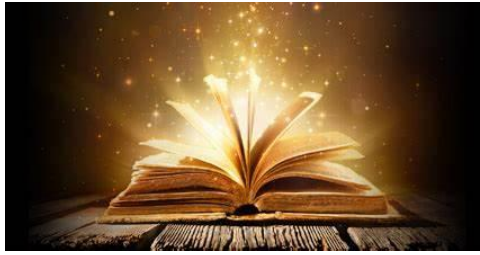


Stop looking endlessly
for what is “wrong”.
There is nothing wrong.

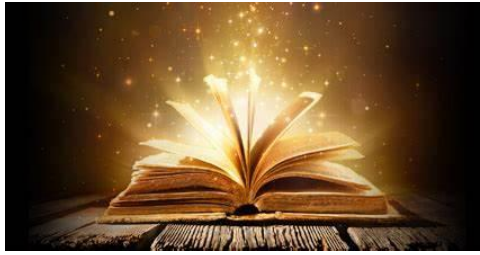
The search for “what’s wrong”
keeps you blind to “what’s right”.

Stop “searching”.
Start living.

“Searching” and “adventuring”
are not one and the same.



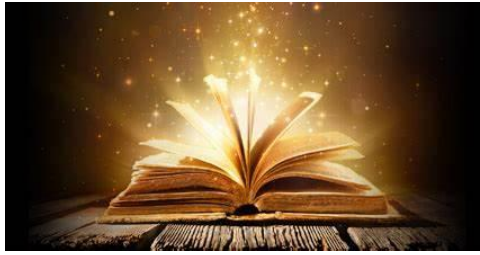
*Aren't all your battles
really due to the false assumption
that you are powerless?*



You are your “forever friend”.

The only person
who will be with you forever
is you.

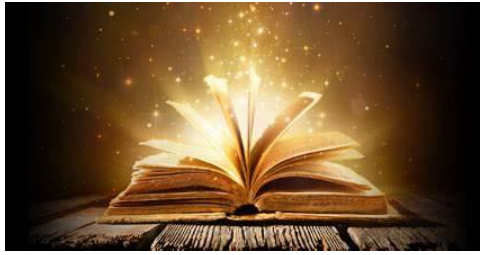
Get to know
this incredible being
that answers to your name.



The first step towards physical,
emotional and mental wellbeing,
is letting go and trusting
the spontaneity of your being.

Paradoxically, when you give
up trying to control,
you gain control.

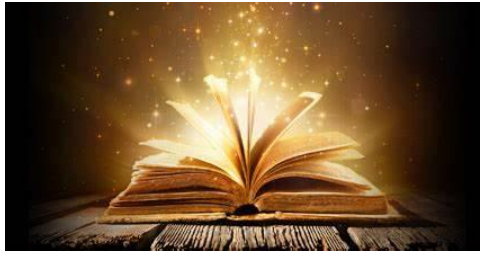
You may have been getting in your own way.
Let go.



Stop trying to be someone great.

You already are.

Indeed, far more than you realise.



All is God. God is All-That-Is.

God is a synergy
of creative consciousness
(more than the sum of its parts).

An infinite living spirit
at every point aware of itself.

Omnipresent: Present in all places at the same time.

Omniscient: All knowing.

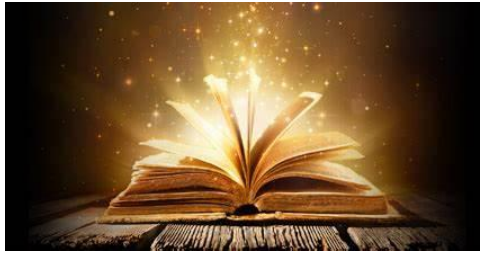
Omnipotent: Unlimited power.

The unimaginable immensity and complexity
of primal source/God/All-That-Is
cannot possibly be adequately described
in words.

God is the power that *drives*
and *is* the universe.

God – the primal universal creator,
is *within* all of its creations
And is personified in all of its parts.

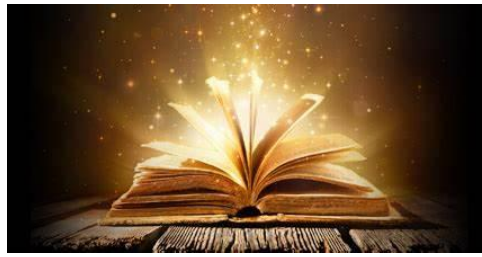
You are one of those parts.



God is you.

God is also everyone else.

Therefore, it is untrue that you
can have a more holy experience
with God through religious doctrine
than you can with another human being.



If you do happen to follow religious doctrine
in which the collection of parables
known as the Bible is the final word,
then take heed:

Luke 17:21

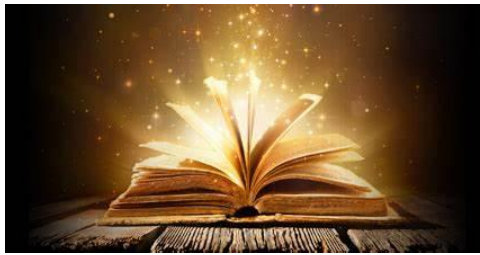
“The Kingdom of God is within you.”

I. Corinthians 3:16

“Know ye not that ye are the temple
of God, and that the spirit of God
dwelleth in you?”

Why then do you need a mediator?

You don't.
Unquestionably.



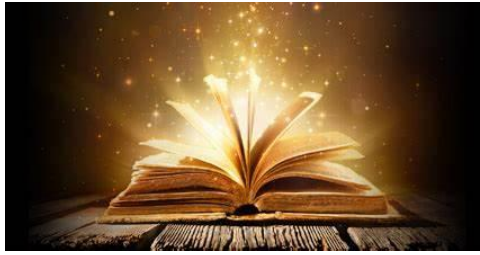
*R*eligious dogma separates
people from people
and paradoxically
all of its advocates from God.
Millions have suffered
in its name.

They still do.

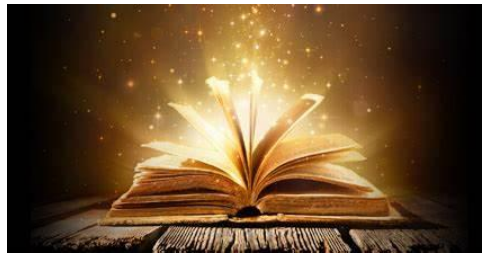
They always will.



Indoctrination runs contrary to
world peace and personal power.



You will never find yourself
through the idolatry of another.
Never ever.

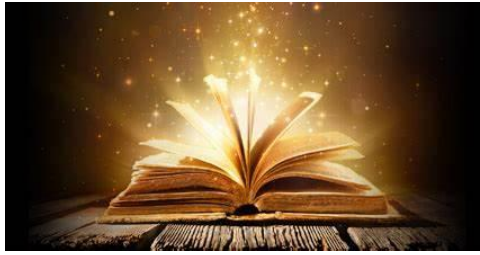


There is a vast difference
between learning and following.
Following is enslavement.

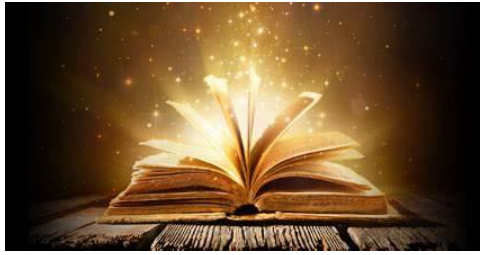
Spiritual truth
is *not* proprietary.



Humans can indeed be bemusing.
Rather than *applying* the great teachings
given to them throughout history,
they have persecuted and/or
worshipped the teachers.

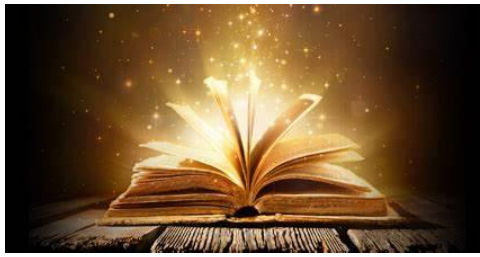


Some gurus teach
that God is within you,
but not to trust yourself.
An interesting paradox.



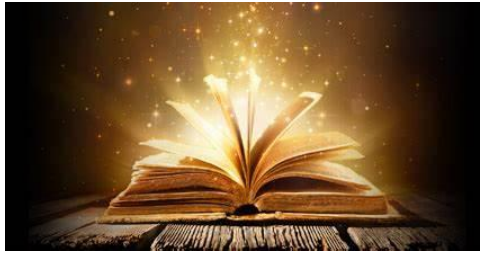
No-one needs to be saved.

From what?

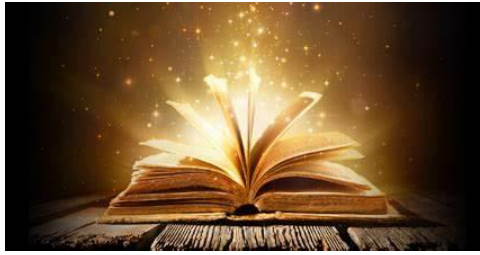


Truth is not found by going
from church to church,
discipline to discipline,
priest to priest,
or guru to guru.

To discover truth you need only
to discover yourself,
for there is nothing
in eternity more true
than you.
You *are* truth.
You are *divine* truth.



What you seek you already are.



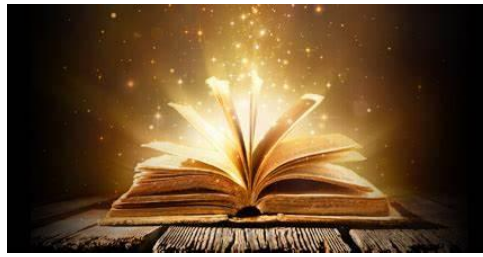
Don't listen to the
ringing rhetoric (delusive beliefs) of zealots.

Listen directly to God.

Listen to you.

Never sell yourself short of your infinite greatness.

Never supplicate.



Don't listen to those
who are selling fear.
Why would you buy fear?

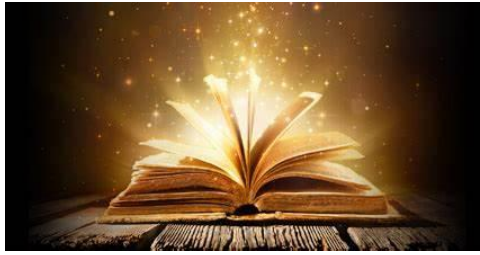
It's everywhere
and it's free.



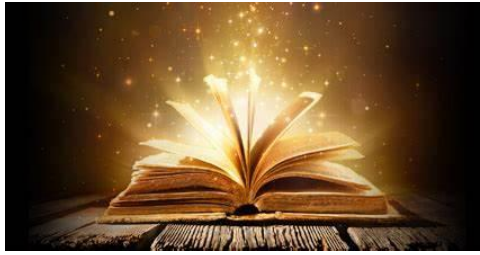
Fear... the grand illusion.

Because you fear
doesn't mean
that you are
in danger.

Actually, you are never "in danger".
In danger of what?
You are forever.



*F*ootsteps echo in the memory
down the pathway that we
feared to tread
towards the gate
we feared to open...
into the rose garden.

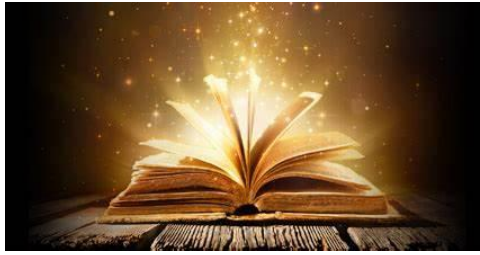


The universe is in perfect harmony.

Always changing.

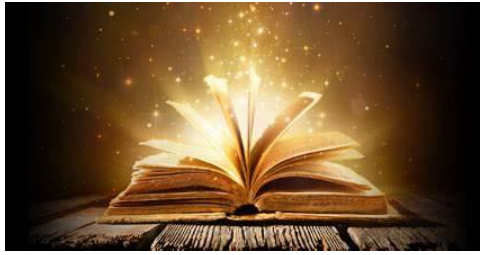
Always perfect.

Always on your side.



You do not need to experience pain
before you can know joy.

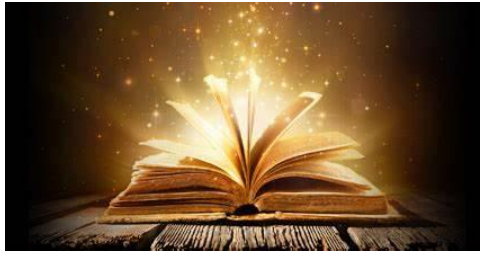
You do not need to eat a lemon
before you know
that ice cream tastes good.



Bad, awful, dreadful,
terrible, horrible, horrendous
are not “situations”.

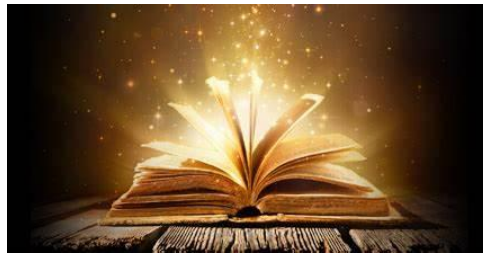
They are labels
that we put
on situations.

A situation
is simply
a situation.



When you believe life is hard
and you must struggle
to survive,
and life will be hard.

Struggle is not
an immutable universal law.
Struggle is self-imposed.



You are God powerfully creating
your experience.

Never speak what you don't
want to see manifest.

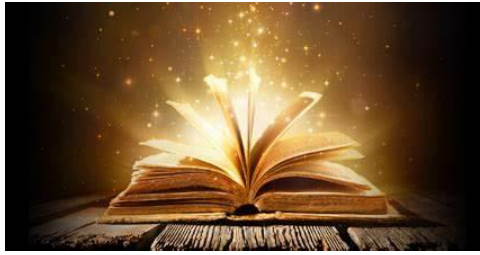
What you think is
and your words are commands
to manifest.

Be aware:
You are creating your reality *now*
whether or not you realise it.



Words have power.
Thoughts are things.
Use care.

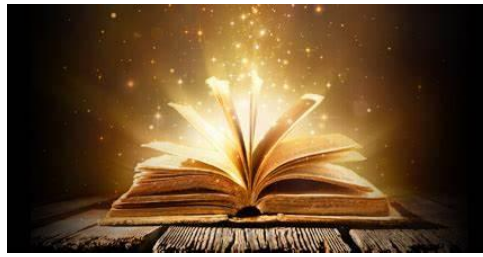
Never underestimate your own power. Never.



Most people know exactly
what they don't want,
Yet, have no idea
what they really do want.

As you think
so is your world –
exactly.

Don't "concentrate"
on what you don't want
to experience.



You are praying every moment of your existence.

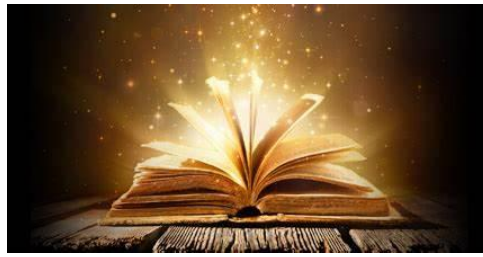
Prayer is every thought you have
And every word you say.

Prayers are always answered. Always!



Become aware of your prayers (requisitions).

Without getting in your own way,
objectively and uncritically observe your “self-talk” –
what you tell yourself is true
every moment of the day,
for that is the reality
that you are creating – to the letter.

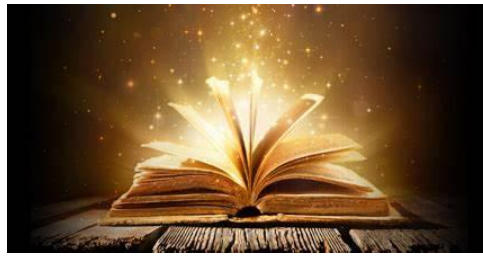


When you say,
without judgement or blame,
“This is my own creation,”
you take a quantum leap
to personal power – and freedom.

Freedom is the realisation
that you *do* create
your own reality,
and as such,
you are at liberty to create
whatever reality you choose.

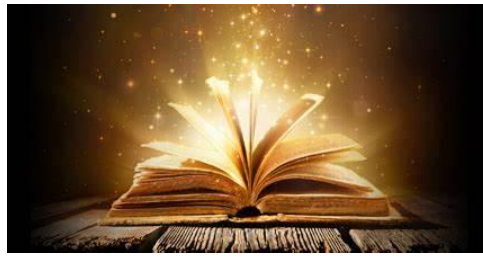
It is *because* you create
your own reality
that you are free.

If you didn't create it
you couldn't change it.



Can I?

Yes.



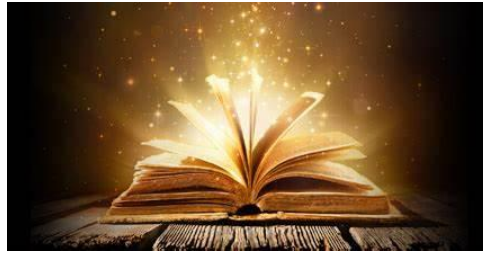
Your future is not set; it is not predestined.

What lies before you is
an infinite virgin fertile field of probabilities,
planted not by chance, fate, Nemesis or accident,
but by your thoughts, feelings, intent and expectations –
your free choices in the present.

Know that nothing can exist in your future
that you do not choose to be there,
as nothing exists now that you have not chosen
somewhere, someway, sometime.

Your great gift is your power to create your own experience –
and this indeed you do.

However, remember
to create miracles.
For this indeed you can.



Why would you worry about
what *might* happen
when you are free to choose
what *will* happen.

The very next moment awaits...
your creation.



Your creative power does not
diminish with age.

In every moment there can be
a new beginning,
regardless of your age and circumstances.

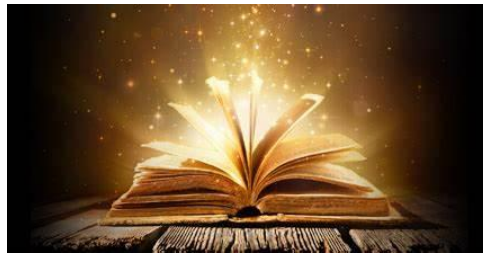


Stop saying,
'I will have' and 'I will be'.
Say, 'I have' and 'I am.'

"I will be"
is a confession
that "I am not".
So, "you are not".

What you operate "as" - I AM healthy,
I AM prosperous, I AM loved, I AM powerful,
I AM free (your concept of yourself),
determines the world that you experience.

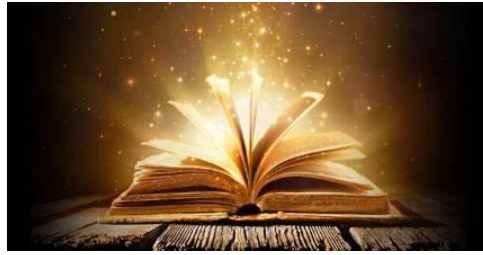
Don't just think "of" your dreams
or "about" your dreams.
Always think "from" the perspective
of fulfilled desire.
Make your desired future a present fact.
Think "as if", feel "as if", act "as if."
Assumptions blossom into facts.



If you are living
in scarcity and privation,
you do so because
you live to survive,
you do not live to create.



Lift yourself above all the trifling things
that cause you disquiet.
As the god that you are
these things just do not
deserve your attention.



Why do you keep thinking
about the past?

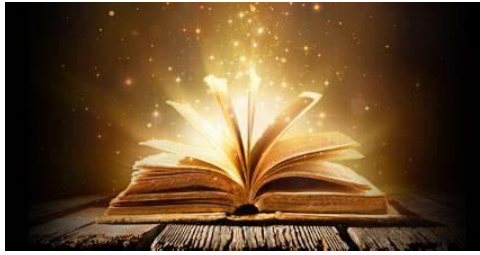
Why is “what’s over and done with”
still here and now?



Awaken from the dream!
All those circumstances and people
that have brought you
tears and pain
have *only* been teaching
you about yourself.

(“Master Teachers” show up in
the most imperceptible camouflage).

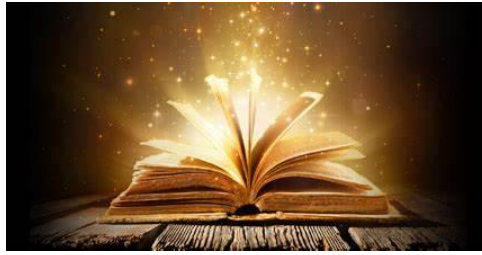
Never blame yourself or others.
Appreciate.
Are you now not stronger?
(And wiser?)



Interestingly,
past experience does not
cause present experience.

Even more interesting,
the past is *not* immutable.

Still more interesting,
you *always* get what you want.



Are you safe?

Safe from what?

Your reality is your own creation.

The real question is...

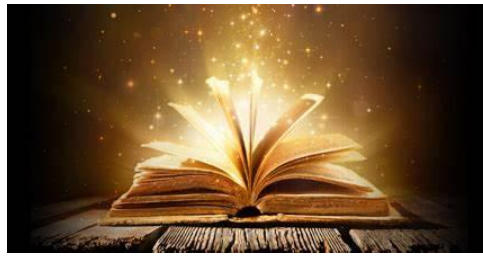
are you safe from your own creation?

The answer must always be yes.

A creation *cannot* be greater
than its creator.

In truth...

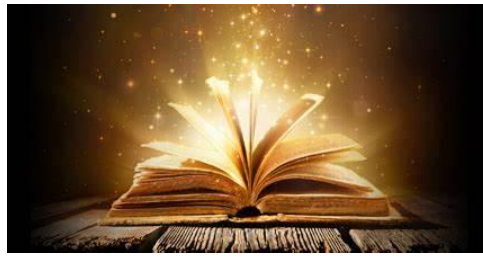
you cannot *ever* be “not safe”.



Love is real.

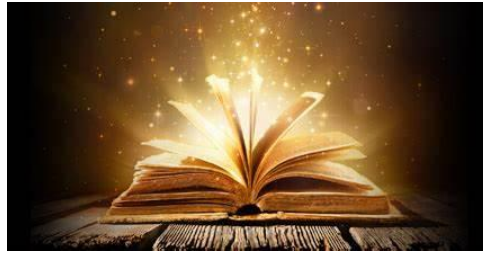
Unfortunately, many relationships aren't.

It is only possible to love another
without distrust, possessiveness and insecurity
when you have loved yourself beyond these.



When you become bored –
the experience is no longer
intriguing, challenging, exciting and uplifting,
it means that you have already learned
what you wanted to learn
from that experience.
Boredom is your soul's message
that it's time to move on.

Staying bored is staying limited.
Don't become entranced by the boredom.
Boredom doesn't mean safety.



When fear or sorrow arise,
it is because you have moved
out of the present.

You are anticipating the future,
or reliving the past.

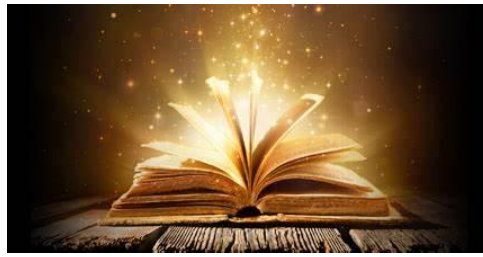
Let your fear and sorrow remind you
that you have moved out of “now”.

“Now” is the place
of absolute safety, peace and power.

In truth, “now” is all that exists.



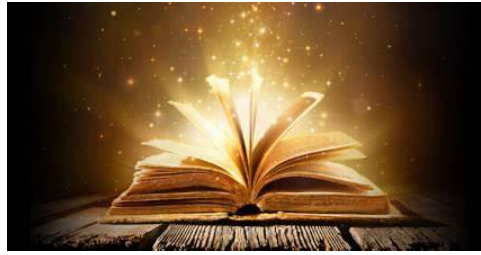
If you are not in the present
then you are not present.
And if you are not present,
who is?



Whatever you are experiencing,
remember that you are the creator
of the experience.

All joys and all sorrows
begin from nothing
and are created into existence by you.

While it may appear (convincingly)
that events happen *to* you,
you are always
the origin of those events.
There is no outside agency.



Be aware if you find yourself in “resistance”
to an experience
for you may be “disowning” your own creation.

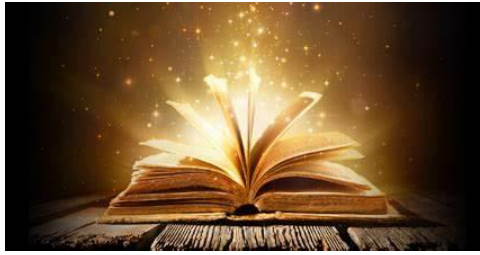
Though it “appears” to the contrary,
nothing happens *to* us and nothing is done *to* us.
Everything is created *by* us.

A situation is dissolved once you “own” it.
(Take responsibility for it).
The energy is dissipated.
You are free.

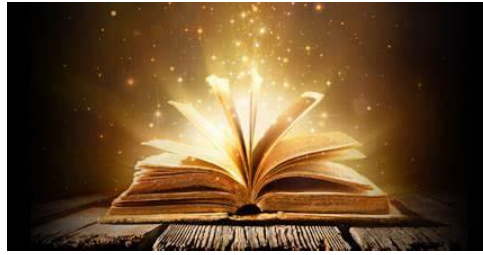
Until then the situation remains unchanged.
“What you resist persists.”

Hence, pain, struggle, bitterness, unhappiness,
resentment, blame, stress, hatred and fury.
The dance continues...

Create your dreams.
But first own what you have already created.
You can have anything once you’ve owned everything.

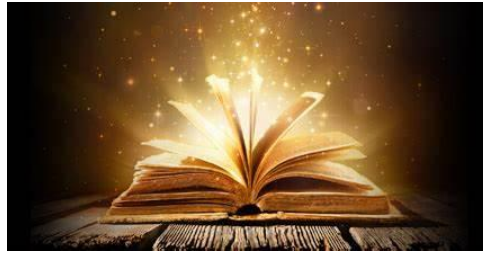


You are a mystery
to no-one
but yourself.

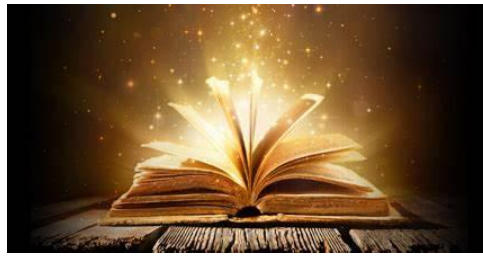


If you are uncomfortable
with the word “God”
because of its endless connotations,
then simply use “you”.

You *are* because God *is*.
God *is* because you *are*.



Recognise your own immortality
and be joyous with your mortality.

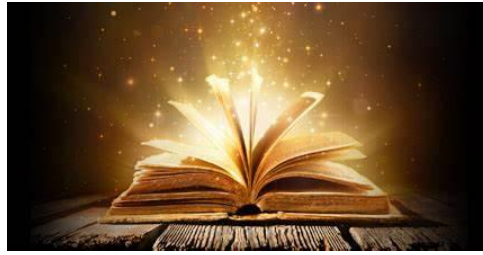


You do *not* in any way
need to justify your existence.
Being is its own justification.



You cannot be
“rather” unique.
Unique is a state
that cannot be qualified.
You are *totally* unique.
Therefore, there’s never a need
for specialness.

Indeed, the quest for specialness
can *only* result in pain.



“*What* we are that only can we see,”
the great Ralph Waldo Emerson reminded us.

More accurately and with respect:
“What we *think* we are that only can we see.”



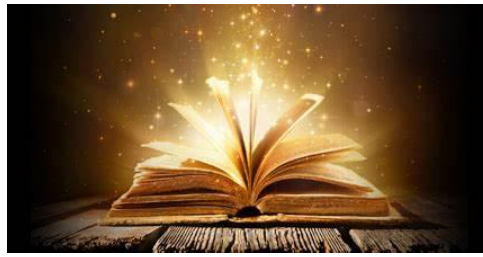
What we see in others
is but the projection
of what we *think* we are.

However, not necessarily of *what* we are.

Look until you can see the “core” of others.

Look until you can see the God,
for if you see anything other,
then so are you.

In which case, you may have some work to do.



*M*iracles are afoot...

When your mind supersedes your brain.

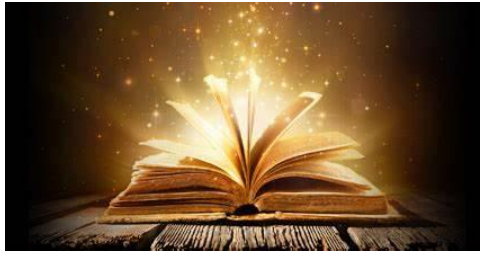
When you stop looking for “entitlements”.

When you find the love beyond the fear and manipulation.

When you’ve asked without first seeking permission.

When you stop watching the clock.

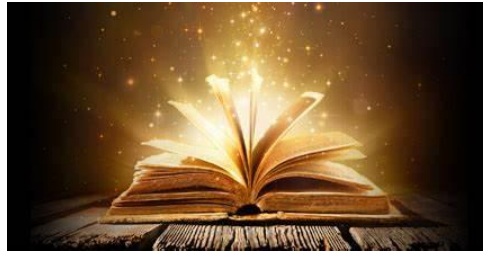
(Miracles don’t run on time like car payments.)



A paradox:

The path is always beneath your feet;
there is no path.

You *are* the path.

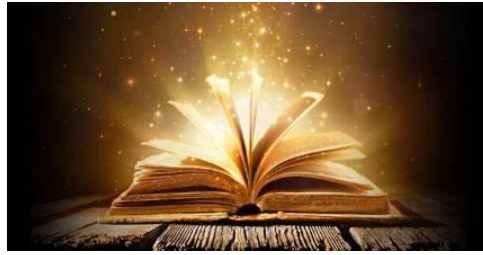


Love, honour and “obey”
can very quickly
lead to trouble.

To “sanctify” is to make holy.
And the *only* thing that sanctifies
the union of two beings (souls)
is love.

Love is not documents or rituals.
It is not words – sacred or secular.

When two people are bound
beyond mutual love,
there is pseudo authority and subjugation.
In a word – trouble.



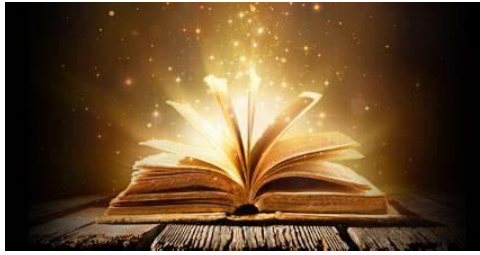
Money is simply power to live
and power to help others.

If you presume that you have
no asset or faculty to generate
prosperity (you don't have what it takes),
then you are mistaken.

You are all you need
to create anything you desire,
For anything that can be imagined
can be materialised.
Your imagination is not bound
by your beliefs or the past.

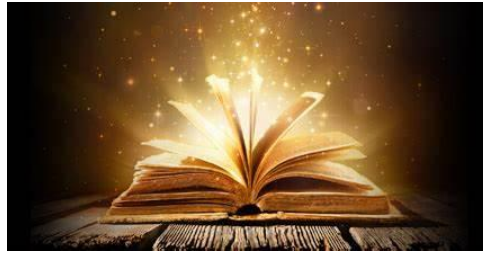
Cease worrying about money
or you will continue to worry (and fear)
no matter how much you have.

At the heart of "hoarding" is fear.
Live magnanimously.



*A*dversity doesn't mean tribulation,
adversity means teacher.

All loss is illusion.

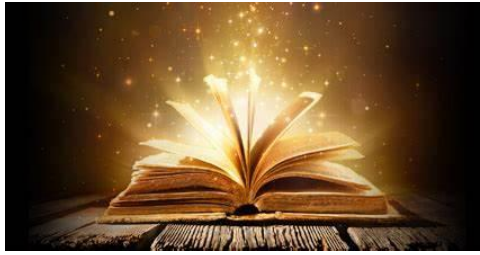


You can create
whatever it is that you desire – absolutely.
But when you leave this plane
all you take
is what you are.

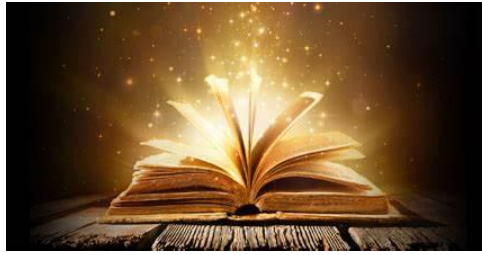
Use your power and create your desires.
But do not nurture overattachment to “things”,
for a moment comes when you will
have to depart empty-handed.



Don't confuse “things”
(or wealth, position or fame) with “success”.
That is but the consensus reality definition.
In truth, you are successful *now*.
Success is what you *are*.
What you choose to create from that place
is up to you. There are no limits.
You are the source.
Have fun.
You deserve.

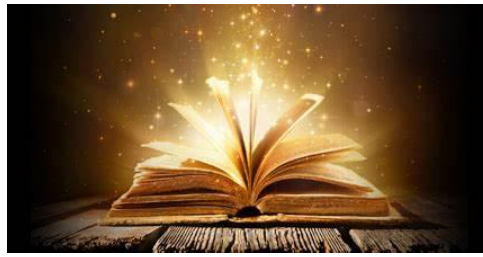


No idols,
no leader,
no following,
no mediator,
no superior,
no master,
no guru,
no dogma.
Know you.



Why would you dread the future?
Haven't you already done the things
that you don't want to do?

Why would you want to do them again?



Do not ever analyse away
what your intuition
is telling you is happening.

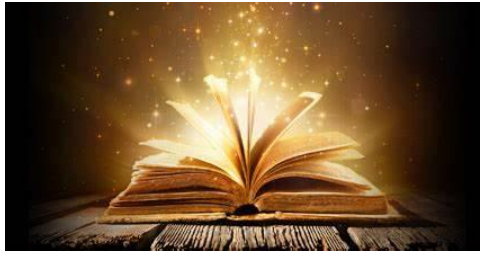
The head may interfere at times,
but the heart always knows.

You're never wrong when something feels right.



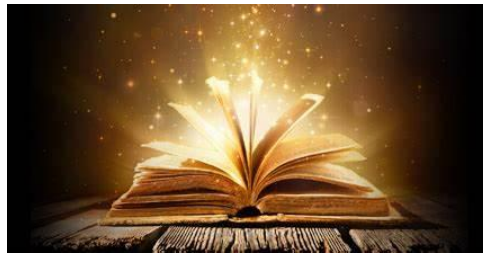
You will “know”...
When it's time to leave
a painful relationship.
When it's time to leave your job.
When it's time to move house.

Because you will have done it.



If you can manifest one dollar,
you can manifest whatever you want.

It's the same creative energy
across the board.



*P*arents come in for
a lot of blame.

But does anyone really know
how to raise anyone properly?

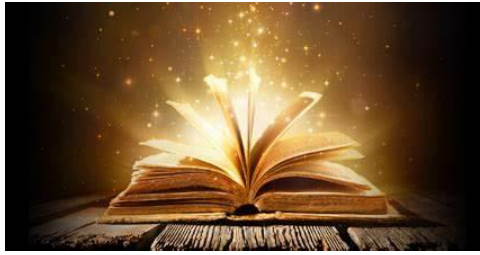
Don't blame your parents.
(You chose them.)



The circumstances of birth –
parents, culture, race, sex and “life challenges”,
are deliberately chosen – without exception.

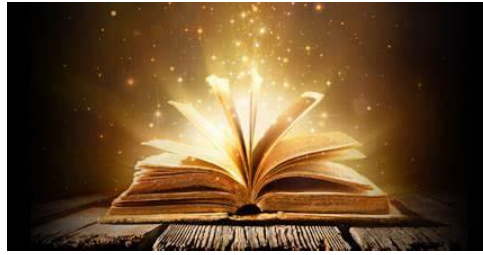
They are *never* by “chance”
nor are they “predestined”.
Birth situations are by design.

There are no errors.



Don't jealously guard your ignorance.

Has the grand and glorious
forest eluded you
while you focus on one leaf?



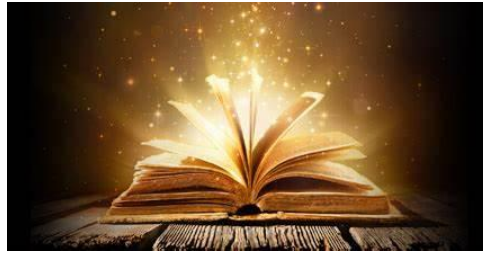
Self-love is paramount.

It isn't something you write
in your diary to do tomorrow.

Never be so busy loving the world
(and saving the universe)
that you forget to love yourself.

Loving yourself has nought to do with the ego.
It is the affirmation and appreciation
of your true divine essence.

Work on this to the stage
where if you met yourself
and yourself asked you
to have a relationship
you'd be beside yourself with joy.



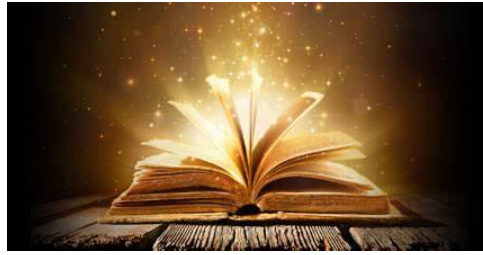
Love and self-pity are mutually exclusive.

Self-pity is responsibility abnegation.

Self-pity is debilitating.

Never indulge in it
when in the midst of personal crisis.

(If you must indulge,
wait until you're powerful).

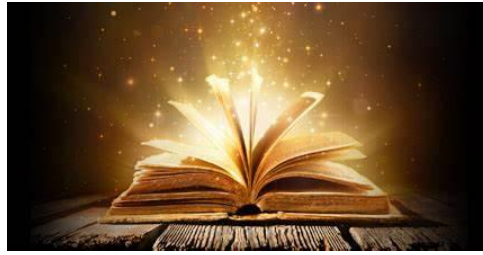


If you loved yourself totally,
you would only ever create
a positive reality.

To love yourself is to trust yourself.
Trust is a very powerful energy of creation.

How much energy do you fritter away
on doubt, worry, anxiety, fear and confusion?

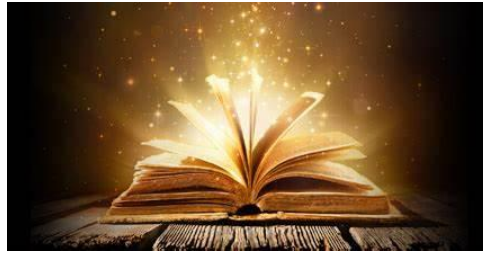
If you truly loved yourself,
would you create misery and pain
for yourself?



Love is your power,
both biological and spiritual.
Love creates, heals, redesigns and transforms.
Every moment you love, you grow.

Love as a human emotion
brings you closest
to an experiential understanding
of the true nature of God.
Love is the supreme power.

Despite what you may think, you are loved beyond measure.
One day you will understand.



*F*ear of God is a contradiction in terms.

On whom would God take vengeance
since all that exists is God?

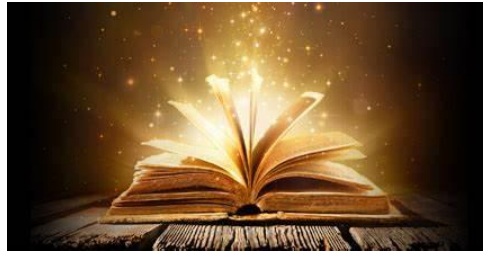


There is no (manmade)
authoritarian cosmic producer/director/critic
residing somewhere
outside and beyond reality.



*A*ggression and creativity
are synonymous.

However,
violence is never justified. Ever.

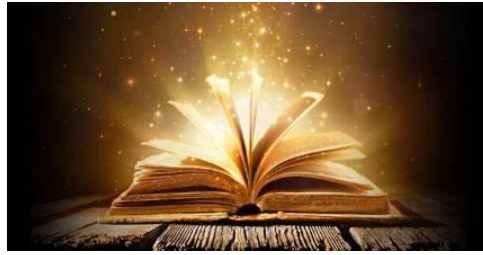


*R*esponsibility doesn't just mean
“wrong doing”.
It also means
“right doing”.

All is choice – almost.
You do not get to choose
whether you're going
to be responsible.
You get to choose when,
not if.



Don't confuse
personal responsibility
with guilt.
Guilt is nought
but your belief in it.
Don't pave your world
with the illusion of guilt.



A gifted psychic *can* on occasion

accurately predict your future.

(The events ahead of you in “time”
and coming into your experience).

However, your future is not “set”.

It is not absolute.

it is only “probable”.

Nothing ever *has* to happen.

Your future is your creation.

And you have the free will

in every moment

to alter your experience.

Free will always operates.

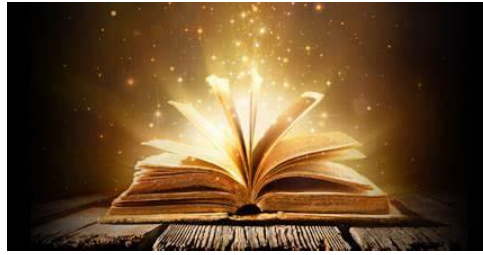
Be aware:

Psychic abilities are

not automatically synonymous with

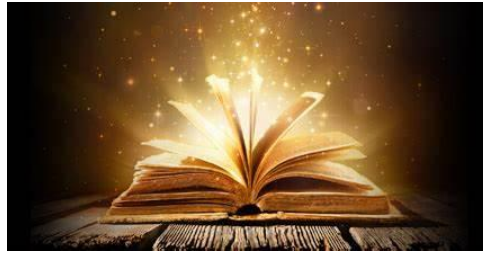
a high level of spiritual awareness.

(High vibration/expanded consciousness).



You are the power of God
manifest on this earth.

God is you
and who is God
to be a victim to?

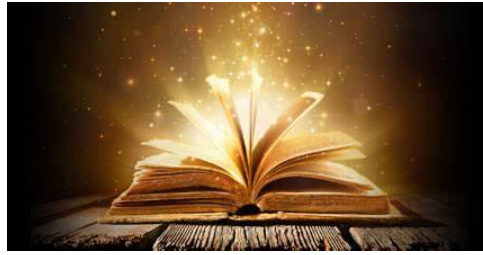


*R*esentment is a form of fear
clothed in bitterness.

“What’s the matter with you?”
usually means,
“who’s the matter with you?”



As you create your own
reality from beginning to end;
as the world is a mirror for you;
as all judgement is self-judgement;
as no-one or no thing does anything to you,
what is there to forgive?

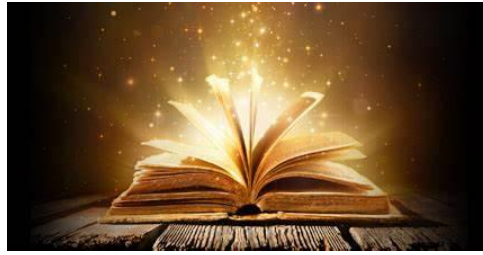


Ultimately, you have no enemies.
You only have teachers.

Behold...
The tears of pure joy
when you *truly* understand
that there is nothing to forgive.



Never regret,
for in truth
you have never
made a mistake.
Not ever!



*R*esponsibility is *not* self-sacrifice.

There is no such thing as self-sacrifice.

The self cannot be “given up”.

The self can never be annihilated.

You are an eternal and immortal being.

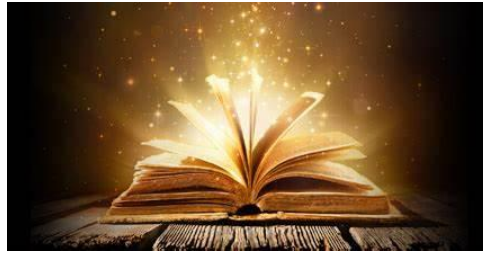
It is *impossible* to “give up your life”.

Love is *not* self-sacrifice.

Self-sacrifice is self-delusion.

“I will give up my life for you”

is an impossibility.



You were not born in sin,
original or unoriginal.
To the contrary,
you were born blessed,
dearly loved
and in a state of grace.
So shall you remain.
Forever.



You are not an iniquitous
little creature evaluated *by* God.
You are part *of* God.



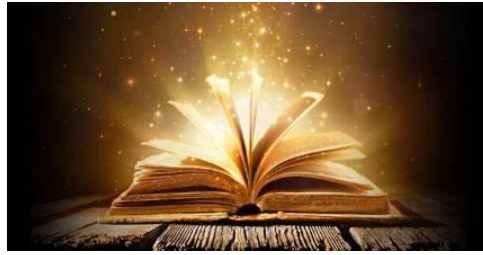
*T*here is a vast difference
between believing you are unworthy
and *being* unworthy.



Don't seek confirmation
of your self-worth
from external sources.

Never ask anyone if you're okay.
You will rarely hear the truth
as you wish to hear it.

Confirmation will never
be found "out there".



Because you are not the preferred
choice of the one you love, of your boss,
or of your parents,
does not mean
there is anything wrong with you.



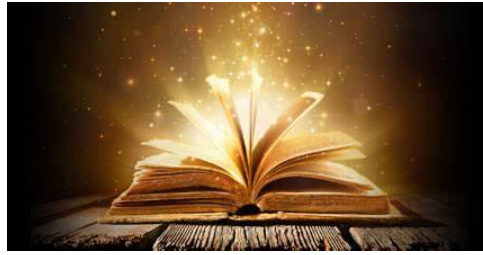
Don't find fault with others
to protect your self-esteem.

Envy is but self-judgement.



Be a martyr if you wish.

(But don't operate heavy machinery).



Nothing is fatal.

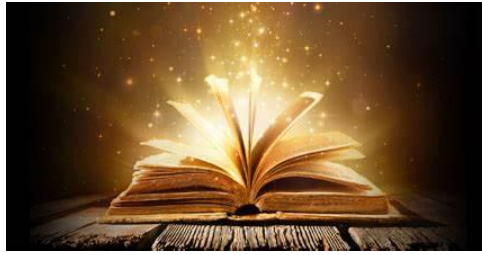
There is no such thing as “the dead”.

You are as “dead” *right now*
as you will *ever* be.

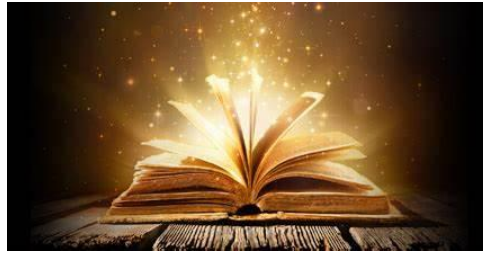
You are eternal –
you always were and you always will be.
“Death”, at *any* age, is never an end or a disaster.

After the death of the physical body,
the corpse (carcass) has no significance
whatsoever.

It is not sacred in any way.



There is no such thing as a lost soul.



You literally put your “life”
in the hands of others constantly.

You put your faith in
drivers of oncoming vehicles.

You put your faith in the
engineers and builders
of bridges, high rise buildings and dwellings.

You even put your faith
in barbers wielding razors.

You have great faith in everybody
but yourself.

Why?



To have faith in God
is to trust yourself.

Your faith in God is measured
by your confidence in yourself.

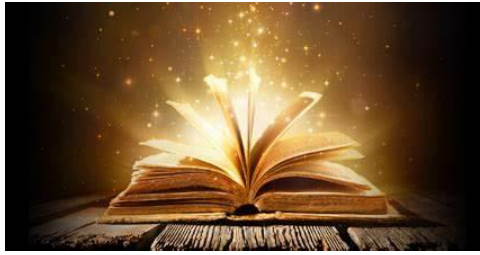


Intuition eliminates the
need for trial and error.



“Forever” and “time”

contradict each other.



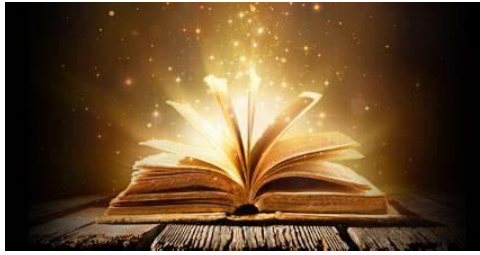
Hate, in essence, is limited understanding.



Love is the ultimate therapy.



Understanding and peace
cannot be separated.

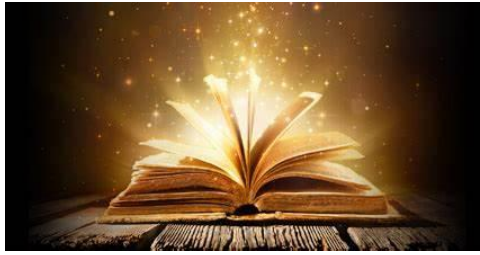


*K*arma, or the law of karma,
as the principle of retributive justice,
is incorrect.

Retribution (punishment) does *not* exist in the universe.

There is no “pay-back” at work
or balancing of the ledger.

Karma is simply the circumstances
and the lessons/opportunities framework
that *you* have *chosen* for this life.

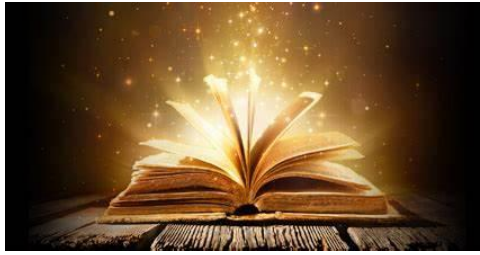


Heaven is not a “place”
a piece of real estate.
Heaven is within you.

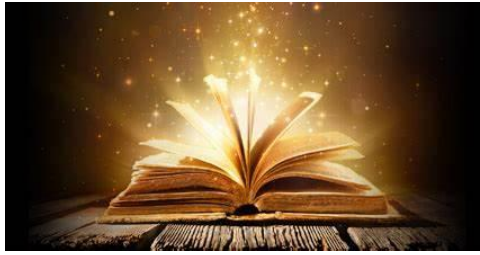
The illusion is that Heaven
(and its Eastern relative Nirvana)
are in the “future”.

Heaven or Hell
is *here* and *now*
as you elect.

There is *no* paradise
beyond and independent
of your consciousness.

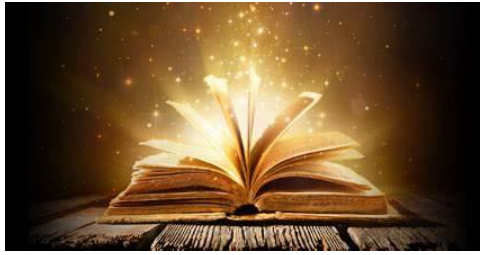


If you were born with no “history”,
you’d still be back in the Stone Ages.



Don't try too hard to be “spiritual”.
There are no degrees of being spiritual.
You are spirit now – perfectly.
100 percent.

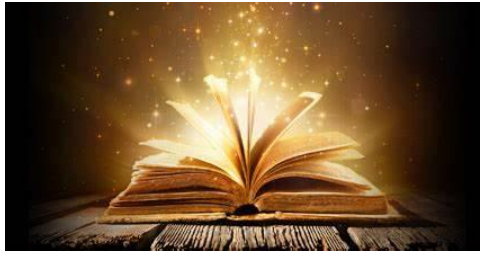
There is no such thing
as a non-spiritual human.



There is a relationship
between your time of birth
and the position of the sun,
moon and planets in our solar system.
But this relationship is not “causal”.
You are not ruled by the stars.

It is just as true to say that planets behave
in a certain manner because you are
what you are, as it is to say that you
behave in a certain manner because of
the planetary positions.

Your consciousness existed before you
“emerged from the womb”. Your fate is most
definitely not in the hands of the stars.



You are not subordinate to God.
The kingdom of God is within you.

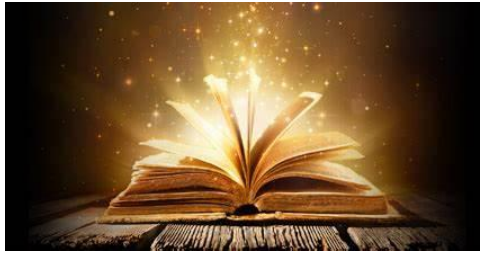
God *is* who you *are*.

As such, reclaim the power
that you all too willingly accord
the Church, the master, the guru,
the priest and the spirit guide.

There is no greater entity
in the universe
than you.

There is not!

Don't "follow".
All you can possibly ever learn
is a great deal
about following.



“*Evil*” is simply “not good”.

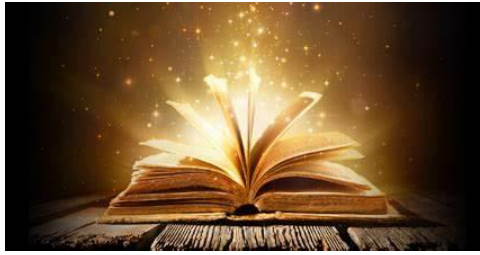
There is no such thing
in the universe
as an objective evil power.

All devils are manmade
and come in very handy
to manipulate and control.

People are very controllable by fear.

There are *no* dark or evil forces.

There is only ignorance,
which breeds frightened human beings.



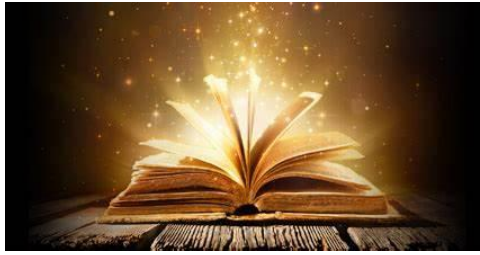
“Space travel” is a misnomer.
Space, like “time”, is an illusion.



The universe has no “beginning”
and no “end”.
(Nor have you).

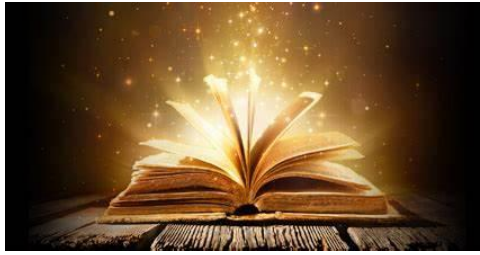


*B*orn in the pureness of spirit
does not mean “virgin birth”.



*T*here is no such thing as predestination.

At no time are events predestined.



A person not ready to die, won't.

A person ready to die will.

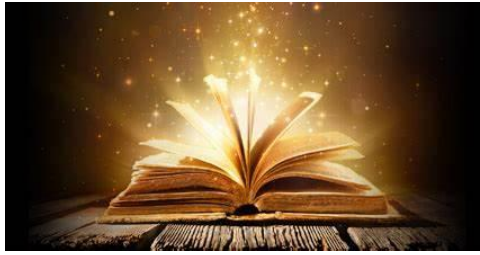
When a soul chooses to leave the physical body
it will leave.

Not before and not after.

What of the death of the young?
The “young” is a very old soul/entity indeed.
Eternal/immortal.

Will you meet loved ones again?
Of course! Again and again.

You cannot “lose” a loved one.



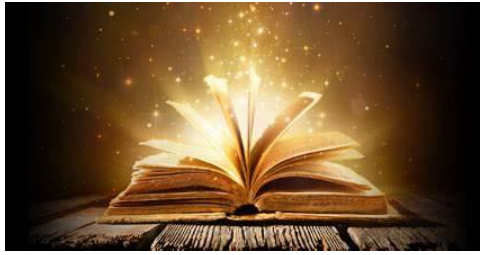
Don't confuse “willpower”
with the “power of the will”.

“Willpower” denotes force and struggle.

Stop struggling.

You cannot “force” anything into being.

The physical universe
was/is not created by “willpower”.
It is the “power of the will” of God.

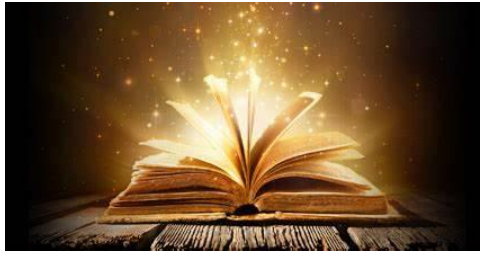


Left alone the body
can defend itself
against disease.

But the body is defenceless
in the face of
your fear of disease.

The body responds as
you “think” (it should).
The dynamics of health
are governed by
thoughts and emotions.
(Not to be confused
with hypochondria).

A true health care professional
cannot divorce himself from
the reality of the patient.



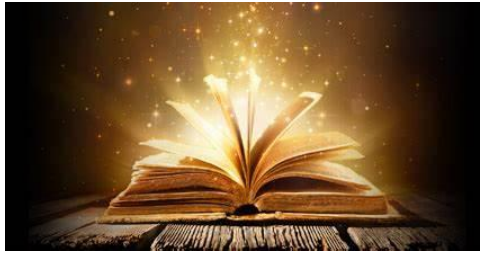
Children don't "spend" their energy.

They don't regret the past
or worry about the future.

They live in the power of the present.

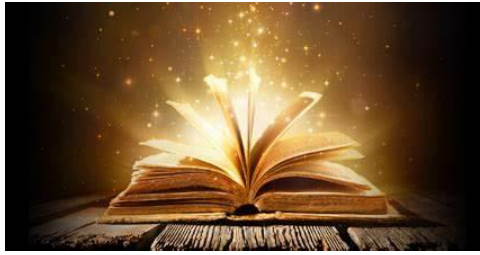
That's the reason why
they have more energy than their parents.

And a lot more fun.



Religions stress sin.
The medical profession stresses disease.
Gurus stress the death of desire.
Psychologists stress what's wrong.
Children stress fun.

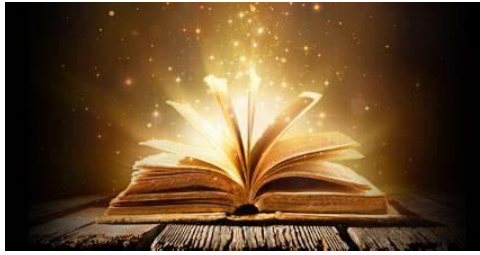
The kids have it.



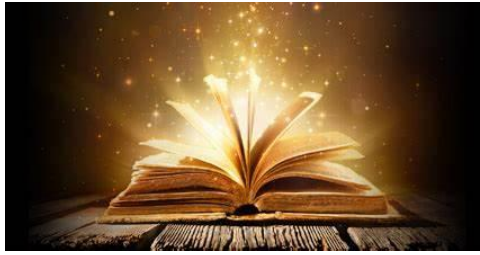
Never forget the inner kid who loves to play.

Don't take life too seriously,
but do take playfulness very seriously.

Enormous creativity and healing
are spawned from play.



Your mother did not give you life.
The life came from the spirit.
Life is not given *by* the parent,
but *through* the parent,
By life itself –
the spirit.

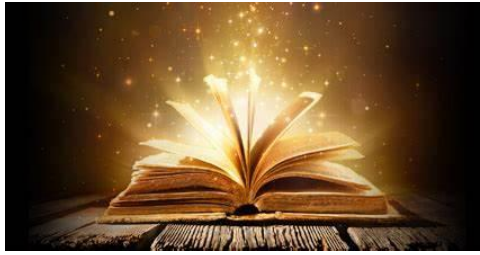


*T*here is no division between
your thoughts and your body.

Your mind and your body
are inextricably combined.

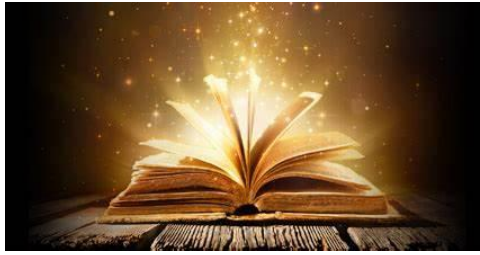
So, are you what you eat
or are you what you think?

Food for thought.



Wisdom is gleaned from experience.

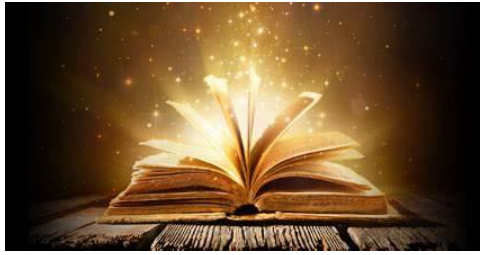
(But only if you're wise).



You have lived many lives.
But reincarnation as a series
of lives one after another
is a myth.
“Past lives” is a misnomer.
All lives are concurrent.

A bit like all the movies
showing at once
in a multiple cinema complex.

(And you are the “star” of them all,
plus the producer, director, writer and editor.
You have played many roles.
And often with the same cast
and co-stars.)



*S*pirituality and sexuality
are not diametrically opposed.

Healthy sexual expression
is not evil, debilitating,
wrong, immoral, sinful, wicked,
or in need of penance.

Abstaining does not make you
more spiritual,

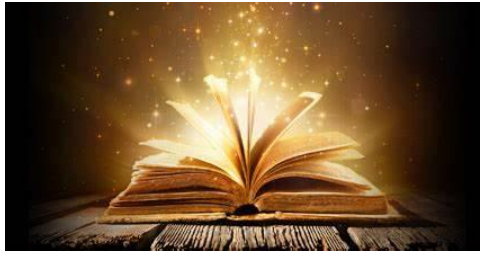
And it doesn't store up
your power.

The human body is not evil.

It is the soul/spirit in flesh.

It is God manifest.

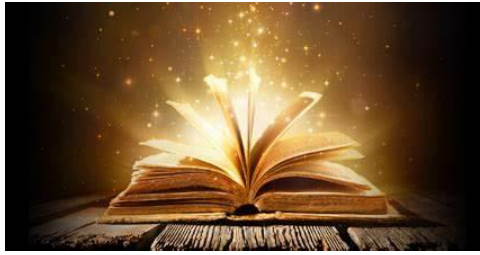
And God is not evil.



It takes an enormous amount
of energy to keep enemies
always in your mind.



*T*here is no such thing as an unconscious mind.

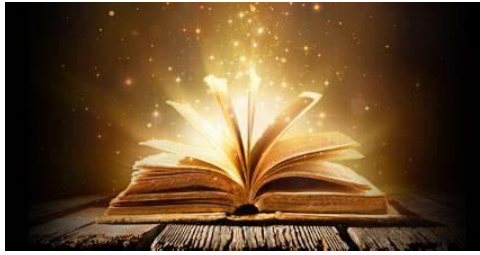


How do you stop thought
and find “nothingness” within?

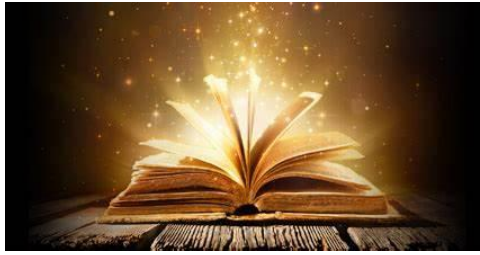
You can’t!

There is no such place
as nothingness.

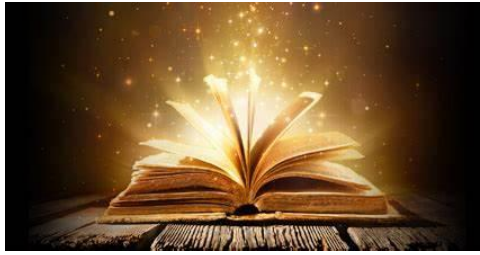
Consciousness is *never* extinguished.



You cannot just feel without thinking
and you cannot just think without feeling.
Neither can your guru.



The physical universe
did not materialise
into space.
There was no “space”
for the universe
to manifest into.

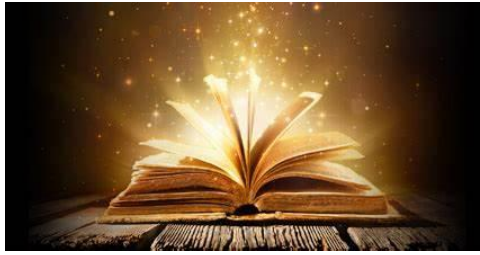


There are no inoculations
against beliefs.

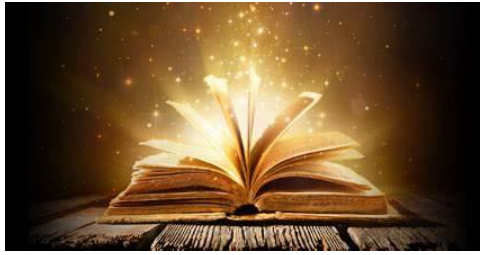
However, beliefs can be easily changed.

You are *not* your beliefs.

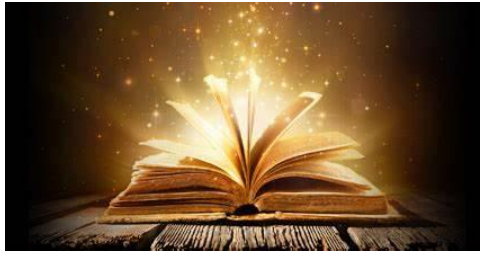
You *have* beliefs
like an artist *has* paints.
If you're not delighted
with your paintings (creations),
then you're as free as the artist is
to change them.



*T*here is no such thing as chance.
A chance encounter, a chance birth,
a chance death or a chance universe.
And you are not reading this by chance.



To truly understand
perceived events,
you must first
truly understand
the perceiver.



The soul/entity within the foetus
cannot be aborted.

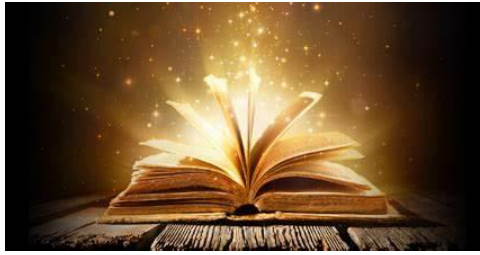
It is indestructible. It is immortal.

However, this knowledge is not “license”.

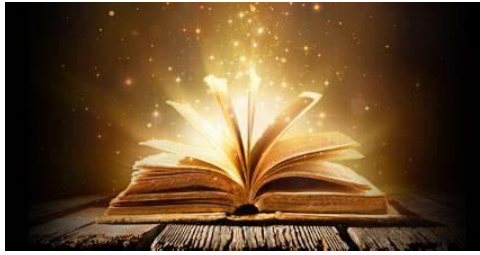


No-one falls into depression.

Beliefs cause depression.



*C*oincidence isn't.



Love does not have an agenda.



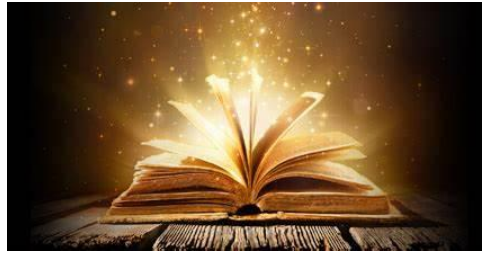
If it hurts, it isn't love.



When you say 'I love you',
do you *really* mean
'I need you'?



Love binds across lifetimes.
Be aware: so does hate.



To resist and react
is to re-create and perpetuate.

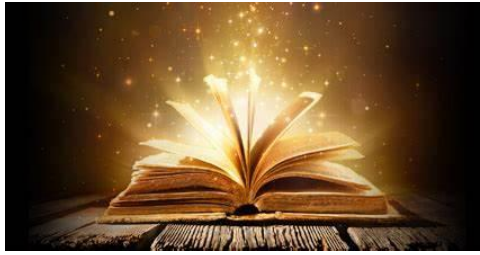


“Avoiding” and “creating”
are allied.

The whole concept of “prevention”
(of illness or scarcity or loneliness or loss),
is based upon fear.

And whatever is feared in the present
is projected into materialisation
in the future.

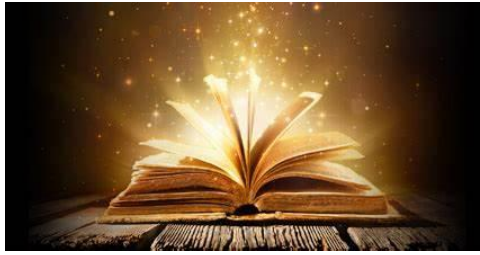
Don’t live to “avoid” the undesirable.
Live to “create” the desirable.



Never give away your power.
Never ever.

No-one can take your power away.
That's impossible.
You have to *give* it away.

Before you put your faith
in another, you must first
lose faith in yourself.
That is the prerequisite.
That is the choice.
Choose with care.



You only “reason”
because you don’t “know”.
(You also worry because you don’t know).

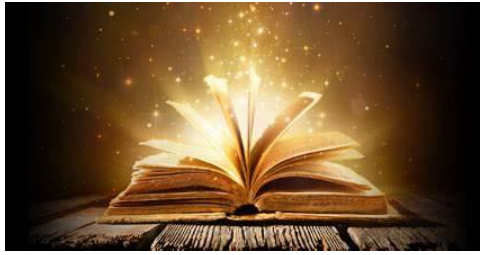
Everything does not have
to be reasoned out
in order to be understood.

The knowledge of the intellect alone
is always but the tip of the iceberg.



The intellect is the
authority on the past.

The imagination is the
author of the future.



From whom are you awaiting approval?

God?

You are God.



From whom are you awaiting absolution?

God?

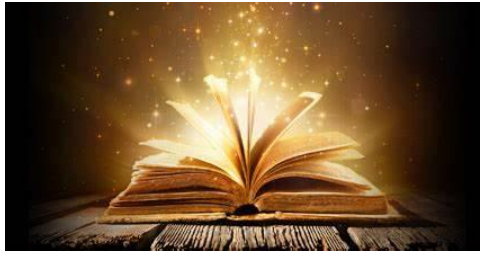
You are God.



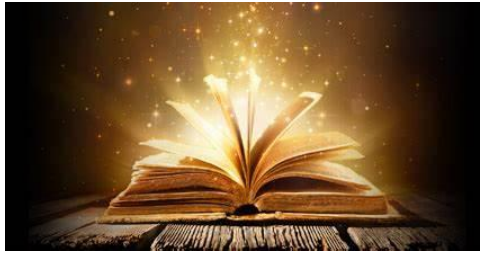
*To whom do you pray
for health, prosperity, freedom, peace and happiness.*

God?

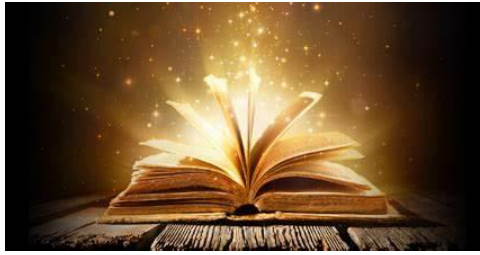
You are God.



A violent death
is violent only
from the perspective
of an observer.



No-one actually leads people.
People follow because they want to.
The followers actually take
the leader where they want to go.
But the followers
don't take the responsibility.



When you attack you are calling for help.



What you wish for another,
you wish for yourself – literally.



The moment you pick up the sword, you've lost.



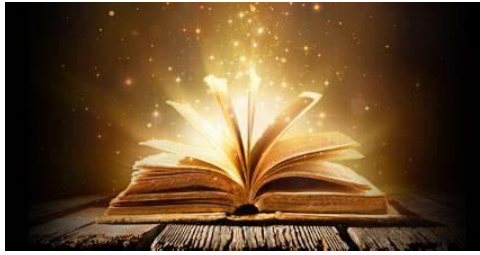
The illusion is that you attack another.

You don't.

You attack yourself.



An impersonal gossipmonger does not exist.



The soul is not something
you “have” (a cherished possession).

You *are* your soul.

Nothing but *nothing*
has the power
to damn a soul.

The reality of the soul/entity
(the “real” you) escapes simple definition.

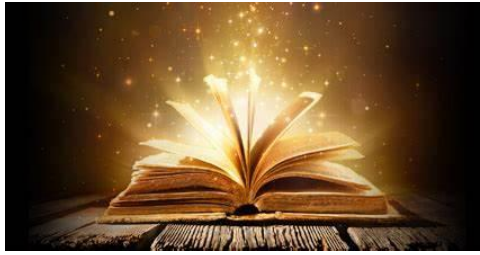
It is multidimensional and exists
in many “time frames” at once.
It is without boundaries or limitation.

It is primarily creative.
And... the soul/entity is *the* most
potent consciousness-unit
existing in the universe.
(Do you still feel inferior?)

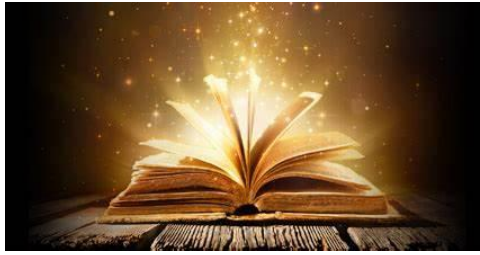


You want to live forever in *this* body?

Why?



Don't get life “purpose”
confused with “livelihood”.
“Ever so spiritual” people speak endlessly
of “purpose” as though everyone
should be an elevated teacher
of enlightenment.
God help us
if that were true.
Who'd collect the garbage?

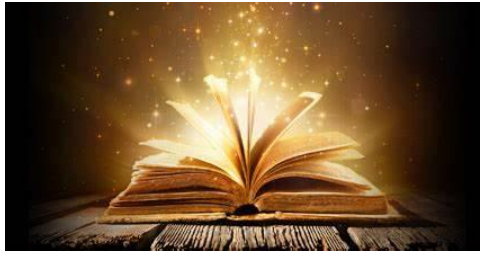


If anyone makes you unhappy,
dispirited or feel inferior,
it is because you have
allowed them to.

You have given your power
away to them because you have
allowed them to determine your reaction.



*S*top being the worm,
be the butterfly.

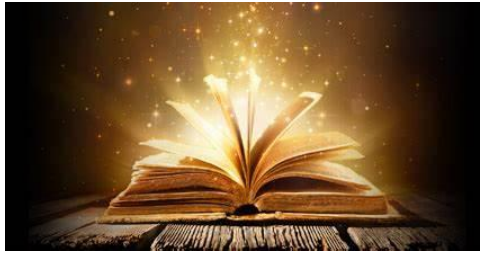


We are not alone.
The universe teems with life.

But if you are afraid
of alien entities,
then you are afraid
of yourself –
the most “alien” entity of all.



The only “space invaders” that
will ever bother you
are the ones that steal
your pet table
at your favourite restaurant.



Don't search endlessly for your soulmate.

How can you possibly miss your soulmate?

If your soulmate does indeed exist,

then you *have* to meet

don't you?

Isn't that what soulmates are for?

Be kind to the one you're with.

This is paramount.

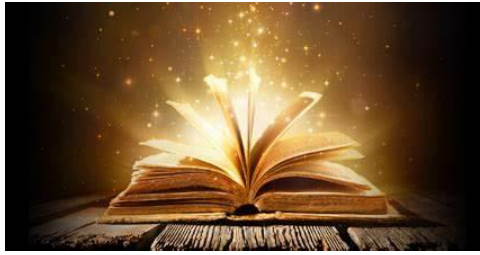
Remember...

There is no such thing

as a chance encounter.

Souls come together
for all manner of mutual
growth and learning.

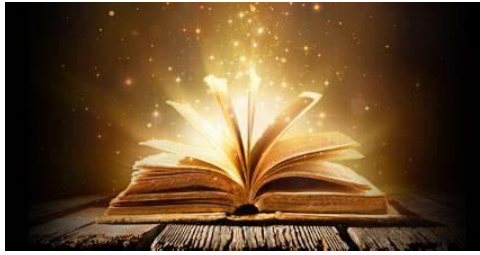
First meeting "sparks",
"emotional charge", "love at first sight",
does not necessarily mean
"together to the grave".



*R*elationships don't have
to be "cosmic" or "mystical".

They only have
to be relationships.

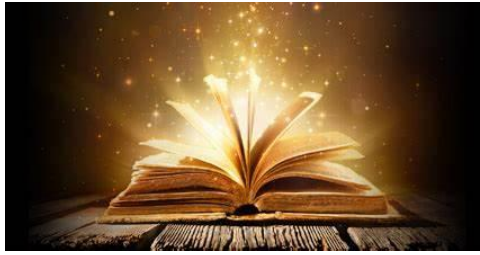
Many "definite" soulmates
have turned out to be
absolute stalemates.



The solutions to *all*
your so-called problems
already exist,
but you can't see them yet.
Of course not!
Nothing happens until you get there.
You will see.

Solutions are “surprise parties”.

Why do you worry so?



Do not be intimidated by academics.

PhD means Doctor of Philosophy.

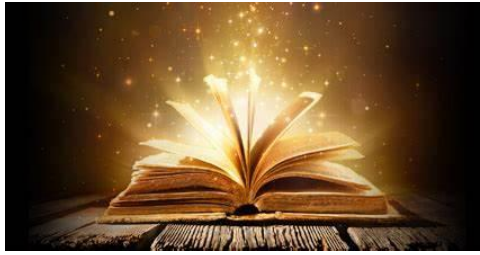
It doesn't mean
healthy, wealthy, happy and wise.

Your heart and your spirit
are your power.

You can intellectualise yourself
into all sorts of dilemmas.

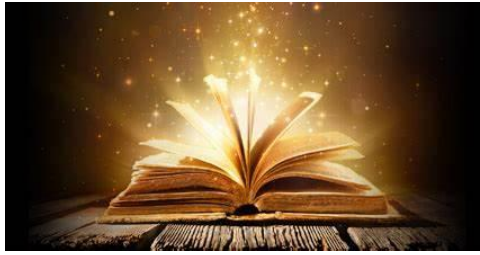
Keep it simple.

Information is not wisdom.



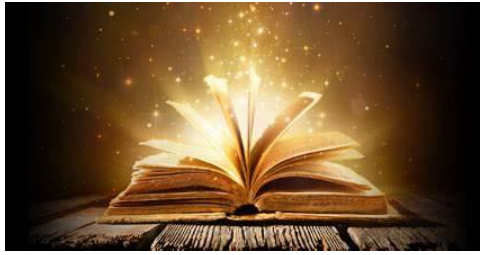
“Esoteric” means
hidden, inscrutable, abstruse.

Thus esoteric means
“common sense”.



It seems that
the definition of world peace
is the interval
between two world wars.

War cannot and will not *ever*
create peace.
Beware the grand delusion.



Don't be preoccupied with
repressing your emotions.

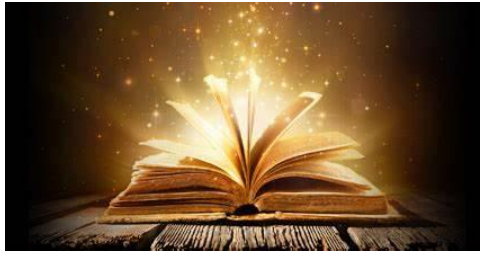
Repressed (denied) emotions
result in illness and pain.

A “negative” emotion is *any*
emotion that is unexpressed.

Don't reside in pretence

And pretend not to
feel what you feel.

Don't strive to be unhuman.

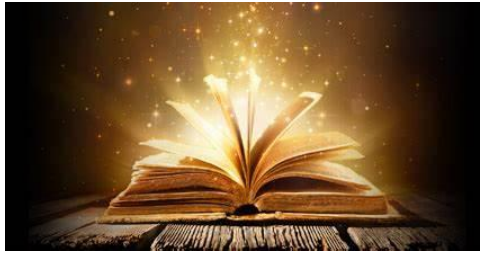


Who is right?

Everyone is “right”.
Everyone experiences
what they believe.

Your beliefs will create the
experience to confirm the
“rightness” of your beliefs
and the “wrongness”
of another’s beliefs.

Who’s going to win?



The moment you ask another
‘what should I believe?’,
you step out of your power
and into perplexity.

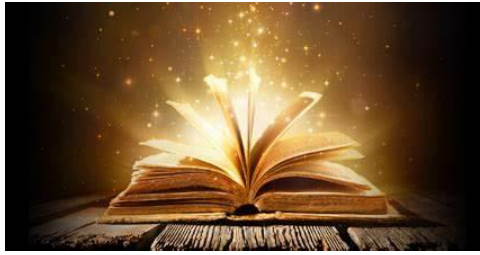
And if you ask 1000 people
‘what should I believe?’,
you may indeed get 1000
different answers.

You’re now in a dilemma
of the highest order.

Remember, “it is done unto you as you believe”.

In other words, belief precedes experience.

So, the correct question is,
‘what do you want to believe?’
(What do you want to experience?)



The transition from “dreams” to “reality”
is the power driving humanity.

This is the primal urge
to create – to manifest.

This is your gift
and divine heritage.

Create your dreams.

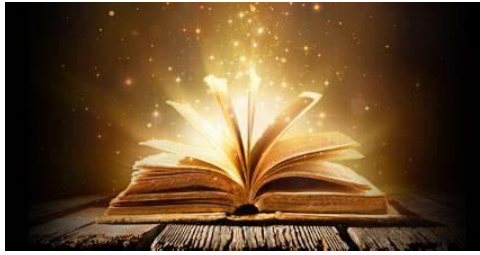
You can.

Unquestionably.

Your current circumstances

(no matter how adverse
you perceive them to be)

Have no bearing whatsoever
on your future creations.



The instruments of reality creation:

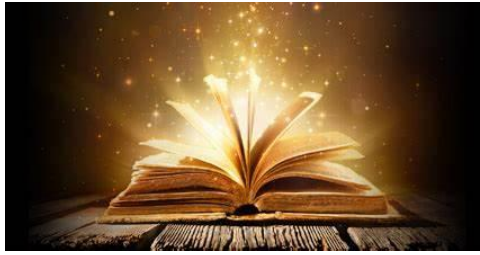
Desire – Intention – Imagination – Expectation.

That's it.

There are no others.

Everyone has exactly
the same “secret weapons”.

You are using them
in *every* moment,
for you simply
cannot not create.



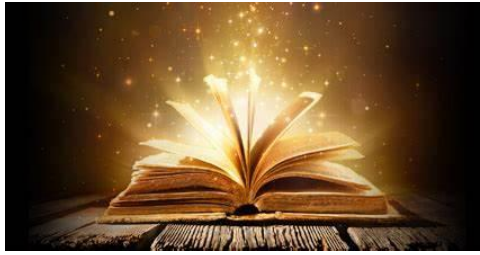
The unimaginable immensity...
our star (the sun) is over a million
times larger than planet Earth,
but is merely one of some
three hundred billion stars in our
system – the Milky Way galaxy.

If you started counting the stars
in just our galaxy at the rate of
100 per minute, it would take you
nearly 6000 years to count them all.
(Provided you didn't stop for a break).
And there are many billions of other galaxies.

So where is the centre of this immensity
and where is the creator?

The centre of the universe
is where you live your life.
Know yourself and you will know the creator.

The intellect struggles to understand this.
Your heart already knows.



Everything has a reason
or nothing has a reason.

You *cannot* have a reality in between.

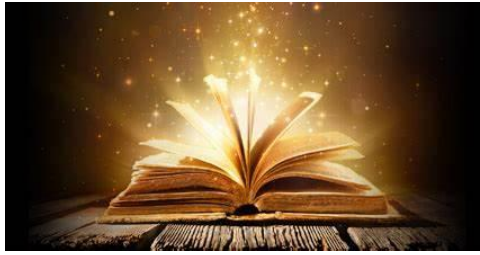
It is a random, accidental universe
or it is a universe by design.

Everything is an accident (random happening for no reason),
or nothing is an accident.

So, if there exists in the universe or your life
just *one* infinitesimal “accident”,
then “Pandora’s box” has been opened
and *everything* is an accident.

Consequently, anything can happen,
anywhere, at any time, to any degree,
for no reason to you.

Fortunately, this is *not* how reality works.
There is no such thing as an accident. *Ever*.
There is a reason behind *every* event in your life.
You *create* your own experience. No asterisks.

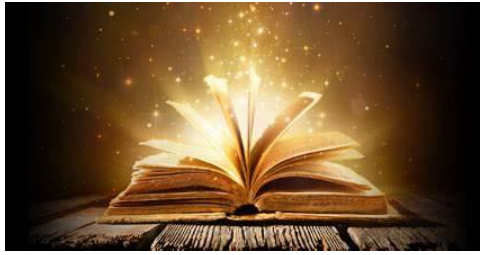


What exactly do “motivational speakers”
motivate people to do?

The truth is...
people will do exactly what they want to do anyway.
And so they should.

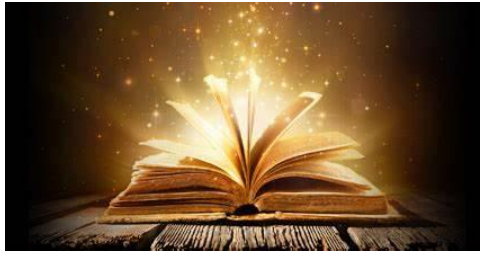
Living for the expectations of others
(what you “should” do)
is not the avenue to happiness.
It is the crowded boulevard of unhappiness.

You don’t need motivational hype.
You need metaphysical understanding.



Enlightenment simply means
to be in knowledge of.

All true knowledge is direct experience.



Love people enough
to give them the freedom
to despise you if they wish.

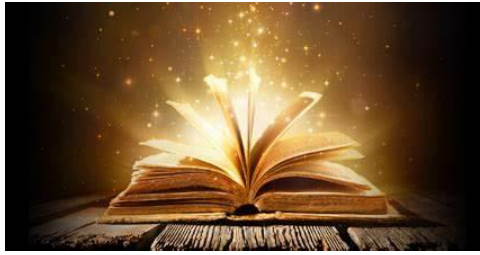
You are the only one who can offend you.



*L*aughter is a wonderful
aid to healing.
Laughter shifts energy.

Stop looking for joy.
Joy is *self* realised.
Have fun, laugh, enjoy yourself.
When you are doing what brings you joy,
you are loving you.

Joy is not fanciful or feeble.
It is infinitely more powerful than bitterness.
Joy is the muscle of positive creative change.



The power of imagination:

All of nature, the cosmos, existed first
in the primordial imagination.

Everything human-made existed first
in the human imagination.

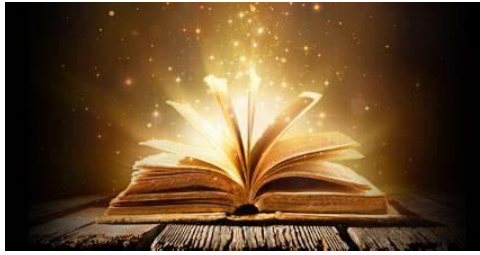
Imagination is the very door
to the reality of that which you seek.

When you change the image, the mental picture,
you change your reality.

Today's fiction
becomes tomorrow's facts.

Imagination creates the reality.
Events run true to their imaginal origins.

From the power-point of the present,
imagine a future that lies beyond the limits
of logic and reason.

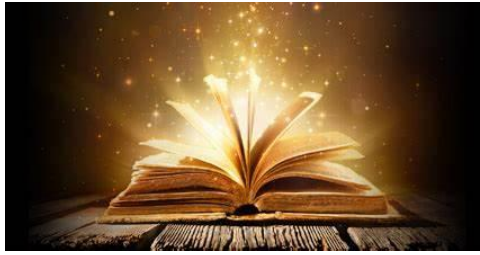


It was “now” when you began
reading this book,
And it will be “now”
when you finish.

All exists “now”!
Linear time is an illusion.
“Time” does not exist.

This is difficult to explain,
since it appears to take
“time” to explain it.

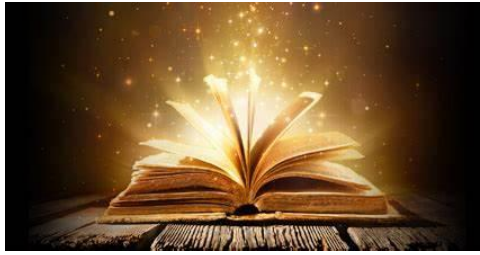
“8 pm at the movies” is very handy,
but is nothing other than
an illusion of convenience.



Don't criticise, covet or compare.

Your business is to create.

Your primary purpose
is mastery of self.



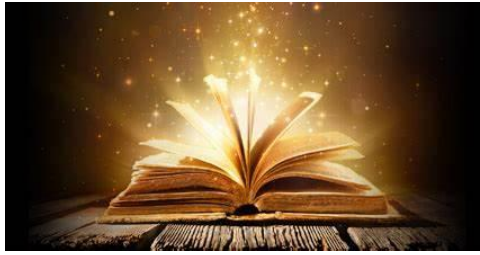
Self-mastery

is not about saving face.
It's about disencumberment
and empowerment.

It's about:

“I am responsible”,
“there is no-one to blame and
nothing to forgive”, and
“I create it all”.

(With no escape clauses).



Do not seek outside yourself.

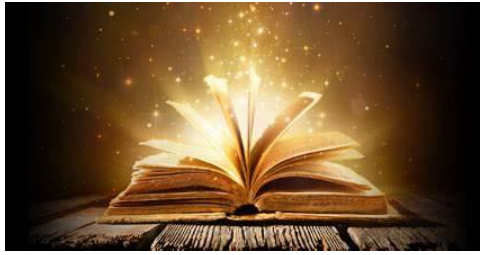
When you look to *any* superior,
any leader or *any* mediator,
you are *giving* your power away.

You are *not* putting
your trust in God.
You are putting your trust
in another's "belief".

Be very aware...
what someone *says* they believe
may not necessarily be the same
as *what* they *truly* believe.

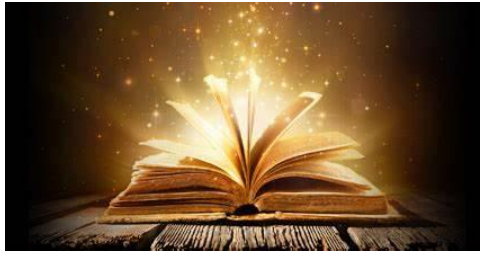
Whose hand are you holding?

Remember...
What you seek, you already are.
Don't leave home!



Stand tall!

In the history of humankind
the only people who have had masters
are slaves!

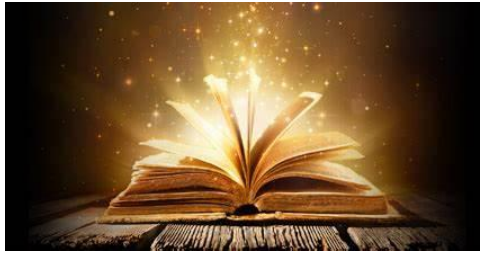


Other people's judgements of you
are in fact judgements of themselves.

There is no such thing
as an independent observer.

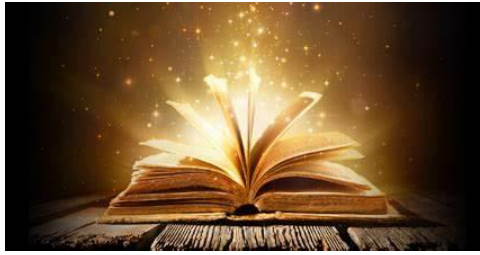


The world is a reflection of you.



The deepest, purest love for another,
is when you give them the grace
and allow them the space
to do whatever is necessary
for their own evolvment, learning,
understanding and happiness.
This is truly saying, “I love you”.

“Possession” may be “nine-tenths of the law”,
but possession has zero to do with love.

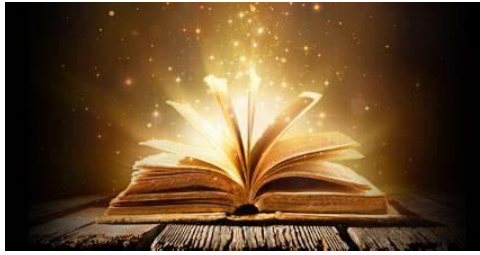


In this (and every) moment
you are exactly
where you have decided to be.



You cannot ever be
in the wrong place
at the wrong time.

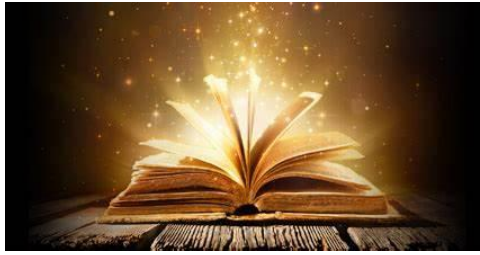
Your journey
is not at random.



You do not ever need
to consult with the past.

The past is *not* the source of the future.

You are – NOW!



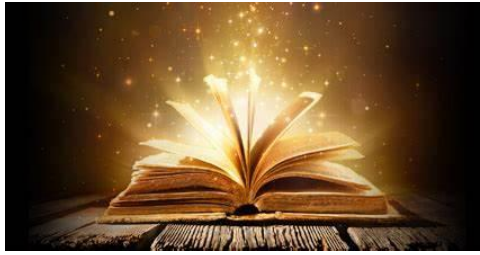
Everything rolls forth into creation
from *this* moment.

All freedom and power is yours in the present
to exonerate the past
and originate a new reality.

You are not at the mercy of a past
(in this life or any other)
over which you have no control.

The “present” (the gift)
is truly your primary point-of-power
in the annals of time.

You are the creator
in absolute command
in
the present.
No exceptions.

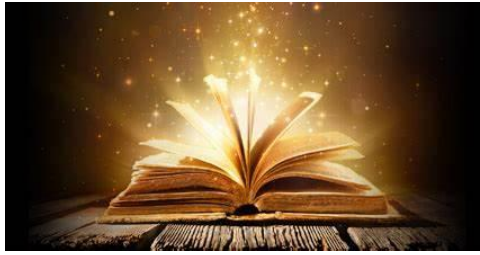


Keep working on love.
Yourself first, then others.

In that order,
for the reverse is simply impossible –
absolutely impossible.

Love is your power.
Love yourself enough.
Do yourself just honour...

Then all your dreams will come true
for that is the nature
of love.



The simple words “know thyself”
mean immeasurably more
than most people ever realise.
For to “know thyself” is to know God.
The kingdom of God is within you.
(And you are within it).

You’re it!
And rest assured that’s all you ever need to be.

You are unutterable uniqueness.
Biologically and spiritually
you are unique in the universe.
The universe does not work
on “greater” and “lesser”.
That is but the human ego’s
self-importance/unimportance.
In the veritable “big picture”
no-one is greater than you.

You are a sovereign entity.
So be it!



Dear God, to whom
I kneel and pray,
where are you
for my needs?

Someplace “up there”
I’m told.
But just exactly where?

‘Not where, but who,’ God said.
I said, ‘Then who?’
‘Why you, your very self,’ God said.
‘I thought you knew.’



There is an incredible place.
It lies...
Beyond motivational hype.
Beyond esoteric nonsense.
Beyond religious doctrine.
Beyond contrition, anxiety, sorrow and fear.
When you find it, we’ll meet there for a chat.
(Bring a hanky.)

